BioSensr™ Quick Guide

Before first use Read the Instructions for Use and Exercise Instructions. Download from account.biosensr.com, open BioSensr and sign in.

Prepare the sensors Fill electrode cavities about three-quarters full with Spectra 360 gel. Fit Teal/Blue Left and Orange/Yellow Right, cables upwards. Connect the hub first; plug sensors in only when prompted.

Safety Use battery power, intact skin and dry ports. Do not use with implanted electronic devices. Keep straps comfortable and cables clear.

